

*The Ultimate Beach
Packing Guide
for Families!*



Clothing

- swim suits, ideally 2 per person
- cover-ups
- underwear
- shirts both t-shirts and long sleeve,
you never know what the weather
will bring
- shorts/capris
- jeans (again, it could be cold
weather)
- at least one nicer outfit for dinner
- pjs
- sundress/maxi skirt

Toiletries

- sunscreen
- aloe
- after sun lotion
- baby powder (for easy removal of sand)
- toothbrushes
- toothpaste
- shampoo & conditioner
- soap/body wash
- shave gel
- razors
- deodorant
- makeup
- q-tips and cotton balls

Medicine

- any prescription medicines
- Advil
- Benedryl
- kids pain reliever
- bandaids
- Neosporin
- cortisone cream

Accessories

- beach bag
- cooler
- sunglasses
- batteries for camera
- extra pair of glasses/ contacts
- beach toys
- beach towels
- chargers for electronic devices
- goggles
- hair dryer
- books
- travel size detergent
- plastic grocery bags (for trash)